



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881 Fax: 613-836-8806
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Sean Flynn, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m. & 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Claire Moore, President 613-612-1659

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____
Email: _____
Address: _____ Postal Code: _____
Phone Number: _____

SIXTH SUNDAY OF ORDINARY TIME



Feb 12 – 6th Sunday in Ordinary Time

Sirach 15.15-20
1 Corinthians 2.6-10
Matthew 5.17-37

Feb 19 – 7th Sunday in Ordinary Time

Leviticus 19.1-2, 17-18
1 Corinthians 3.16-23
Matthew 5.38-48

Parish Calendar

Mon, Feb 13
9:00 am Mass
7:00 pm Prayer Shawl Ministry

Tue, Feb 14 St. Cyril & St. Methodius
9:00 am Mass
6:00-6:45 pm 1st Communion Preparation Meeting
7:00-8:30 pm Confirmation Preparation Meeting

Wed, Feb 15
9:30 am Catechesis of the Good Shepherd

Thu, Feb 16
9:00 am Mass
9:30 am Cenacle of Marian Movement of Priests

Fri, Feb 17
9:00 am Mass
9:30 am Flame of Love Prayer Group

Sat, Feb 18
4:00-4:25 pm Reconciliation
5:00 pm Mass

Sun, Feb 19 Seventh Sunday of Ordinary Time
9:00 am Mass
10:30 am Mass
11:30 am Children's Choir Practice
Pancake Breakfast after the 9 & 10:30 am Masses
hosted by the Knights of Columbus
*and Mass will be available on the church
website: www.holyspiritparish.ca

To all parishes' generous faithful Thank you to all who donate to the ongoing operation of the parish. For e-Transfer please send it to admin@holyspiritparish.ca and use the password, "Holyspirit". We currently have a significant number of parishioners who contribute via bank auto debit. If you would like more information about the program or wish to participate, please contact the parish office at 613-836-8881 or email admin@holyspiritparish.ca.

PRAYER FOR VOCATIONS For all married couples: that they may continue to give, be able to forgive, and find happiness deepen with the passing of each day, we pray to the Lord.

Shrove Tuesday Pancake Breakfast on Sunday, February 19, 2023

The Knights of Columbus are hosting a **Pancake Breakfast** in the Church Hall after the Sunday Masses on February 19th. Everyone is welcome to attend. Pancakes, sausages and juice/coffee/tea will be served. This is a FREE event but donations are humbly suggested.



Mass Intentions

Sat, Feb 11 – 5:00 pm
Intentions of Turner & Clarke Families by Joan
†Antonio Torcaso by Betty Lou & Bruce Milne

Sun, Feb 12 – 9:00 am
For the intentions of all parishioners

Sun, Feb 12 – 10:30 am
†Raymond Paul by Maureen
†Connie O'Brien by Pauline Foley

Mon, Feb 13 – 9:00 am
Intentions of Garvey Family
†Emiliano Advincula by Alday Family

Tue, Feb 14 – 9:00 am
Intentions of Marion Di Gaspari by Patricia

Thu, Feb 16 – 9:00 am
†Elaine O'Connor by Dan O'Connor & Family
Thanksgiving for answered prayers by Jacques & Jeannie

Fri, Feb 17 – 9:00 am
†Paula Ramsey by Sandra Cybulski

Sat, Feb 18 – 5:00 pm
†Phil & †Josh by Joan & Family
†Anne Gallagher by Devlin Family
†Marie Devlin by Devlin Family

Sun, Feb 19 – 9:00 am
†Janine Dekker by Brian
†Patsy Lepine by Mary Jeffrey
Intentions of Jean Pegg by McGann Family

Sun, Feb 19 – 10:30 am
For the intentions of all parishioners



Please pray for those who are sick: Bruce, Marlene, Ron, Dan, Dorothy, Alma, Patrick, Bill, Gaye; Gerry Kealey, husband of Elaine

Please pray for those who have died: †
†Indicates Deceased

Upcoming Blood Donation Event at Holy Spirit Parish on Wednesday, February 15th from 2:00 pm to 8:00 pm. Book now to donate at www.blood.ca

STITTSVILLE FOOD BANK Thank you to all parishioners who share with those less fortunate in our community. Monetary donations are best right now but non-perishable food items are also needed. Please do not leave food outside, but bring your donations during office hours or when you come to Sunday Mass.

2022 Official Donation Income Tax Receipts are ready for pick up in the Atrium. Thank you to everyone for your financial contributions throughout the year. Your generosity is sincerely appreciated.

Word from the Pastor

Jesus said to his disciples: “Therefore, if you bring your gifts to the altar, and there recall that your brother [sister] has anything against you, leave your gift at the altar, go first and be reconciled with [them] and then come and offer your gift.” We Christians are called to a different way of living, in our relations to each other and then to the world. We seek reconciliation where there is anger and alienation. We tame our desires despite the license of the world around us. We are faithful to one another and so, when we make promises, we keep them. As I come to church today, do I bear any bitterness against someone? What can I do to be reconciled with them?

Become a blessing to others. A legacy of faith remains for all as you choose to remember Holy Spirit Parish in your will. For more information contact the Parish Office.

Monsignor Joseph Muldoon

Take Five for Faith: Daily renewal for busy Catholics
May the force be with you Faith gives us strength. It allows us to perform mighty deeds. But to be clear, as Brazilian writer Paulo Coelho explains, “Faith is not desire. Faith is will. Desires are things that need to be satisfied. Will is a force that changes everything around us.” In God’s realm, where our faith resides, we are each whole and complete and nothing is impossible. Address today’s challenges through the lens of faith.

“He was not able to perform any mighty deed there He was amazed at their lack of faith.”

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Kindergarten Registration with the Ottawa Catholic School Board: If your child was born in 2019, it’s time to register them for Kindergarten at the Ottawa Catholic School Board. www.ocsb.ca/our-schools/kindergarten/. Info: (613) 224-2222.

God Pitched His Tent Among Us

When St. John says that fear is driven out by perfect love, he points to a love that comes from God, a divine love. He does not speak about human affection, psychological compatibility, mutual attraction, or deep interpersonal feelings. All of that has its value and beauty, but the perfect love about which St. John speaks embraces and transcends all feelings, emotions, and passions. The perfect love that drives out all fear is the divine love in which we are invited to participate. The home, the intimate place, the place of true belonging, is, therefore, not a place made by human hands. It is fashioned for us by God, who came to pitch his tent among us, invite us to his place, and prepare a room for us in his own house.

Fr. Henri Nouwen

Saint Patrick’s Basilica Ottawa – Full-time Manager of Book and Gift Shop: For the job description and answers to any questions you may have please email info@basilica.ca.

Five Day Directed Retreat: Retreat in an environment of silence, as part of a praying community discerning the ways of God through prayer. Each day you will meet with your Spiritual Director to speak of your life and prayer. The Eucharist is celebrated daily along with Adoration of the Blessed Sacrament. Galilee Centre, 398 John St N, Arnprior, **Mar 5-10, 2023**. Cost: \$695 in house, \$480 commuters. Info: www.galileecentre.com.

Bible Study for Men & Women – “Unlocking the Mystery of the Bible” Unlocking the Mystery of the Bible helps you get the “big picture” by showing how fourteen narrative books of the Bible tell the complete story from Adam and Eve to Christ and the Church. Weekly facilitated sessions include video presentation, group discussion, workbooks. Potluck snacks welcome. Our Lady of Fatima Parish (153 Woodroffe Ave), beginning **Thu, Mar 9, 7-9 pm** for 8 weeks. Cost: \$45. Hosted by SisterHood & Our Lady of Fatima Parish. Info: 613-806-0377; 613-722-7661; www.sisterhood.live/programs.

Catholic Devotionalism - Growing Up in Our Thinking: Devotions in the Catholic Church have played an important role for centuries in the lives of countless believers. Are they still important? If so, how can we integrate these traditional practices into the complexities of the 21st century? Is there more to devotions than just ‘saying the prayers’? Can we build on these devotions to create an even more meaningful experience? Galilee Centre Arnprior, 398 John St N, Arnprior, **Mar 17-19**. Cost: \$320 in residence, \$185 commuter, \$100 virtual. Info: www.galileecentre.com/workshops-events/.

Vespers & Adoration Night: At Blessed Sacrament Parish Ottawa, **Thu, Feb 23, 6:30 pm**. The intention of the Vespers night is to pray for priests, with priests, and we are hoping to have multiple priests and their parishioners join us to pray. There will be Exposition of the Blessed Sacrament. Following the Vespers, the Knights of Columbus will be hosting refreshments. Info: 613-232-4891.

In preparation for Lent this prayer can assist us:

Prayer of Surrender

Father, I believe that you know me and love me.
 I have not always chosen to love you,
 and have broken my relationship with you
 through my sins.

Thank you for sending your Son Jesus who
 proved your love for me on the cross.

Lord Jesus, I open the door of my heart and
 I invite you to be at the centre of my life -
 to be my Saviour and my Lord.

Direct me by your Holy Spirit and help me to
 Live the Gospel with my whole life.

Amen.

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